

Current sports facilities and associations for employees at SDU

SDU Fitness

Employees at SDU can access SDU's fitness center for only DKK 149 per month. Here you get free access to teams and free use of the center's facilities in Odense during opening hours, as well as to changing rooms and bathing facilities.

[Learn more here.](#)

Athletics and Movement Stadium

On Campus Odense you can find a large athletics and exercise stadium for free use at all hours of the day. The stadium belongs to the Department of Sports and Biomechanics at SDU but is open to the public.

[Learn more here.](#)

SDU's Swimming Hall

SDU's swimming hall in Odense belongs to the Department of Sports and Biomechanics at SDU, but when the hall is not used for teaching, all employees, and students at SDU are free to use it. Furthermore, the swimming hall is always open for employees between 6-8 in the morning on workdays.

[Read more and find a schedule of when the hall is open to employees here.](#)

SDU Yogaklub

Ida and Filippa are two students from SDU who have set up a yoga club for students and employees at SDU in Odense.

[Learn more and sign up here.](#)

Active Living Area at SDU

On Campus Odense you will find our large green Active Living Area. Here you can go for walks in scenic surroundings, and you will also find football pitches, basketball pitches and more.

[Learn more and find routes for running and walking here.](#)