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| Avoid glare and reflections |

**Ideas to prevent problems with glare and reflections**

* Place your desk in a new position / angle in the room
* Move your desk further away from the window if possible
* Change the position of your computer screen to reduce reflections
* Elevate your desk and work standing up for 30 minutes, until the sun has changed its position

If this doesn’t solve the problem with glare and reflections, please talk to your working environment representative.